**Our Services**

Helping Hands Home Services offers a wide variety of home care services, which are tailored to meet your needs or the needs of your loved ones:

* **Personal Care**
  + Bathing
  + Toileting
  + Transferring/Mobility
  + Assist with Eating/Feeding
  + Personal Grooming
  + Medication Reminders
  + Dressing/Undressing
  + Laundry
* **Companionship**
  + Socialization and Emotional Support
  + Supervision
  + Light Housekeeping
  + Meal Preparation
  + Errand Service
  + Accompany to Medical Appts./Social Events
* **Homemaker**
  + Routine housekeeping
  + Essential shopping/errands
* **Respite Care**
  + Periodic relief for the Primary Caregiver
* **RN Administered Evaluations**
  + Maintain client stabilization
  + Client satisfaction
  + Keep Plan of Care current